

Changing Futures

Impact Evidence Pack - Brighton & Hove



Changing Futures Sussex
www.changingfuturesussex.org.uk



Contents

3	<u>Changing Futures Sussex Client Profile</u>
4	<u>Brighton & Hove Client Profile</u>
5	<u>Client Nominations B&H</u>
6	<u>Co-Working across the Caseload</u>
7	<u>Multiple Compound Needs</u>
8	<u>Co-Occurring Needs</u>
9	<u>Client Mortality</u>
10	<u>New Directions Team Assessment</u>
23	<u>Multiple Needs Audit</u>



Changing Futures Sussex Client Profile



This page shows the demographical information of clients that are currently or have historically been beneficiaries of Changing Futures teams across Sussex.

Total Clients Nominated

845

Total Clients Accepted

525

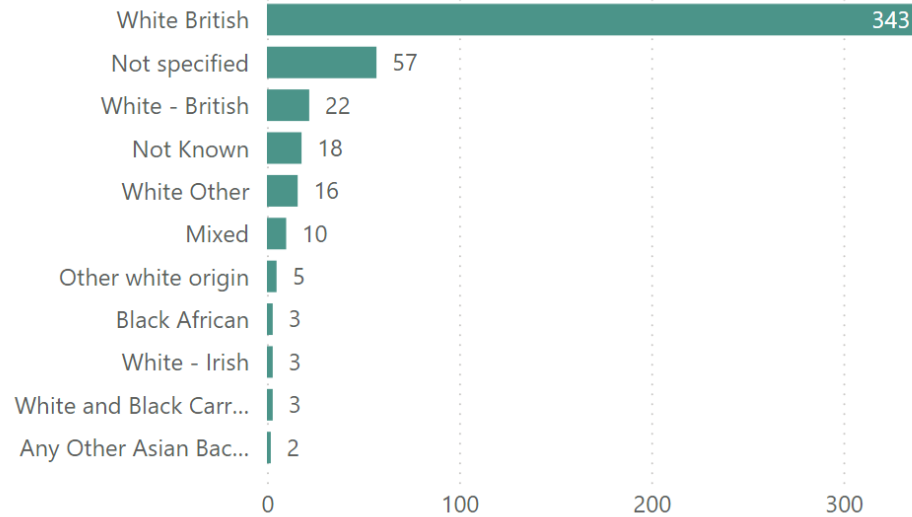
Total Clients Declined

320

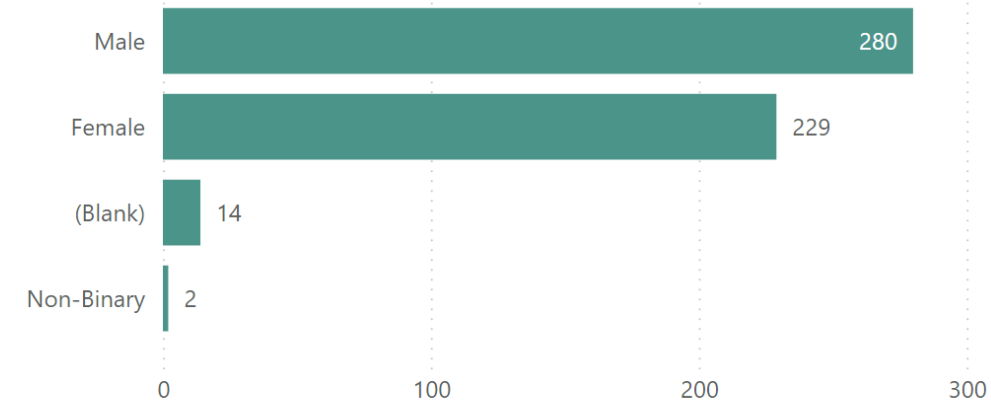
Current Clients (as of 31/03/26)

162

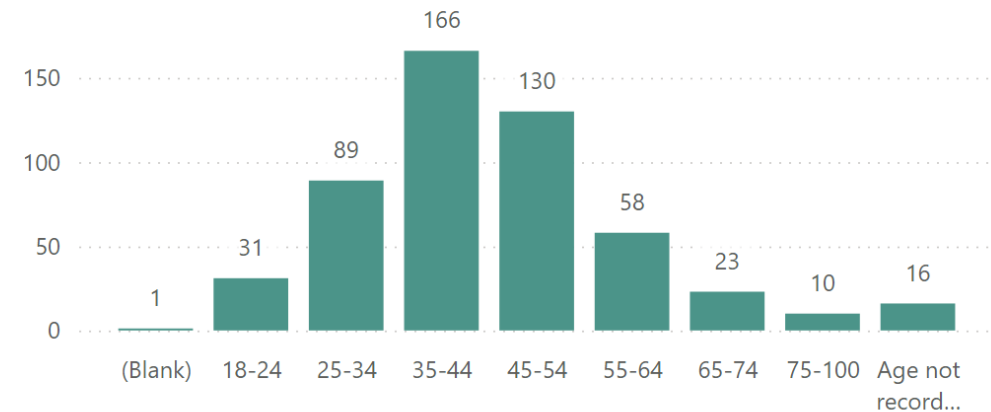
Client Ethnicity (Accepted Clients)



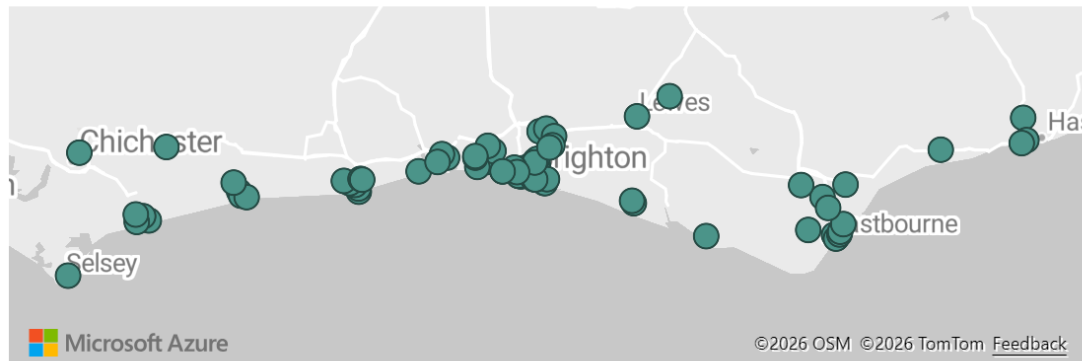
Client Gender (Accepted Clients)



Client Age Group (Accepted Clients)



Current Clients by Location



**Typical client is male,
white British, aged 42**

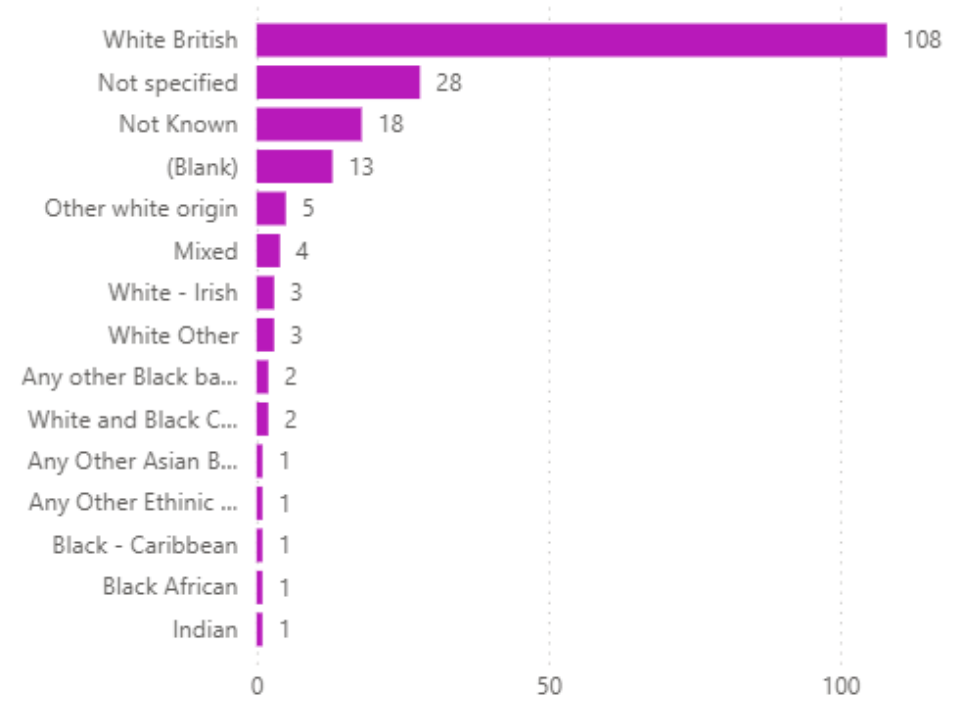
Total Clients Nominated
271

Total Clients Accepted
191

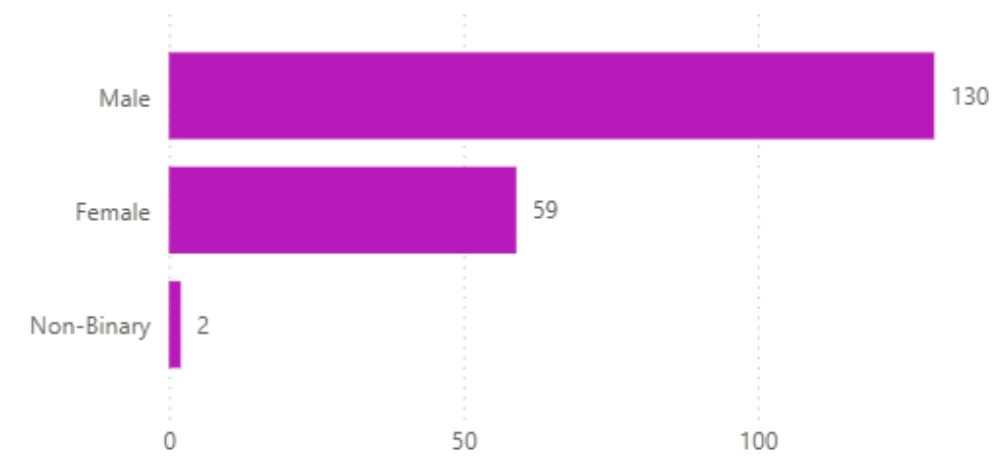
Total Clients Declined
80

Clients (on 31/03/2026)
106

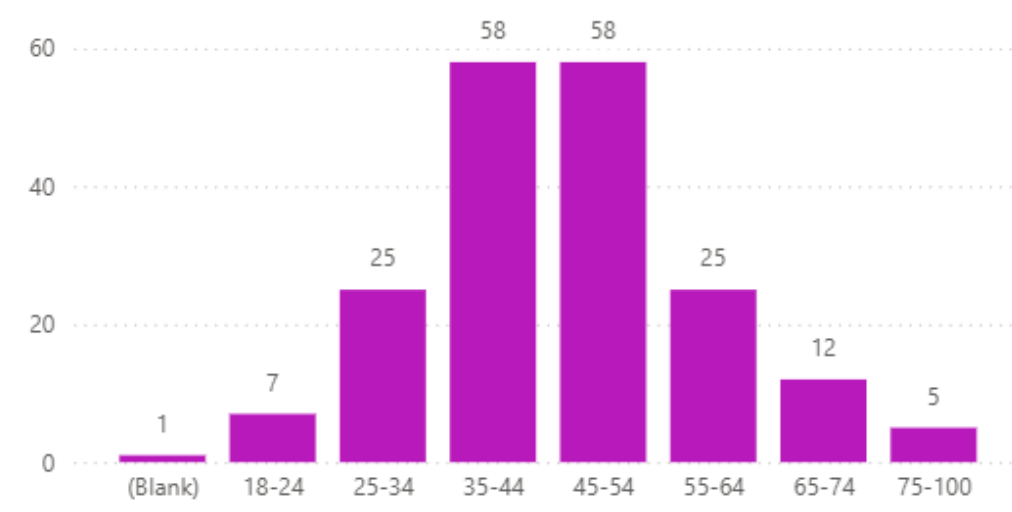
Client Ethnicity (Accepted Clients)



Client Gender (Accepted Clients)



Client Age Group (Accepted Clients)

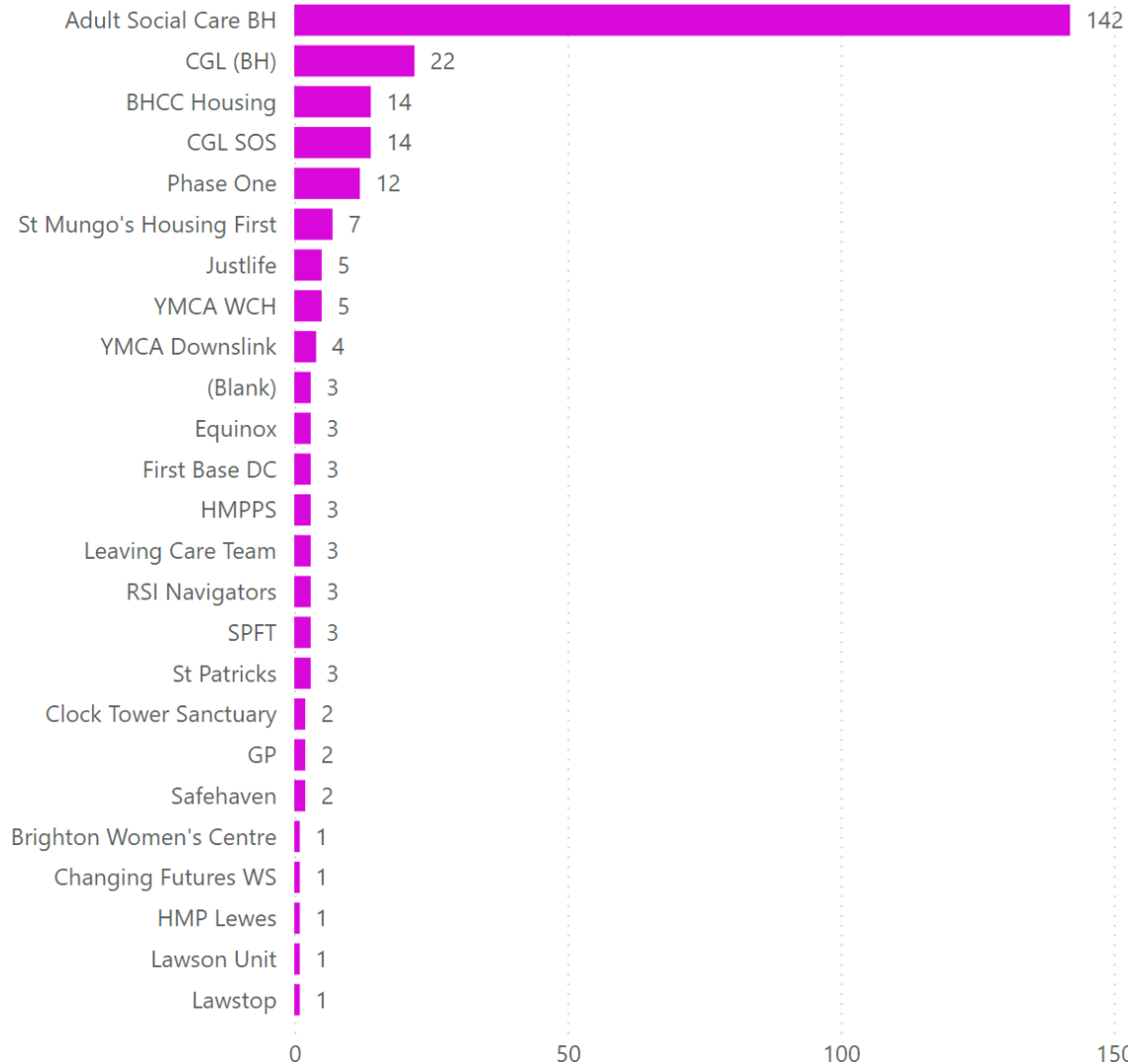


Typical client is male, white British, aged 46

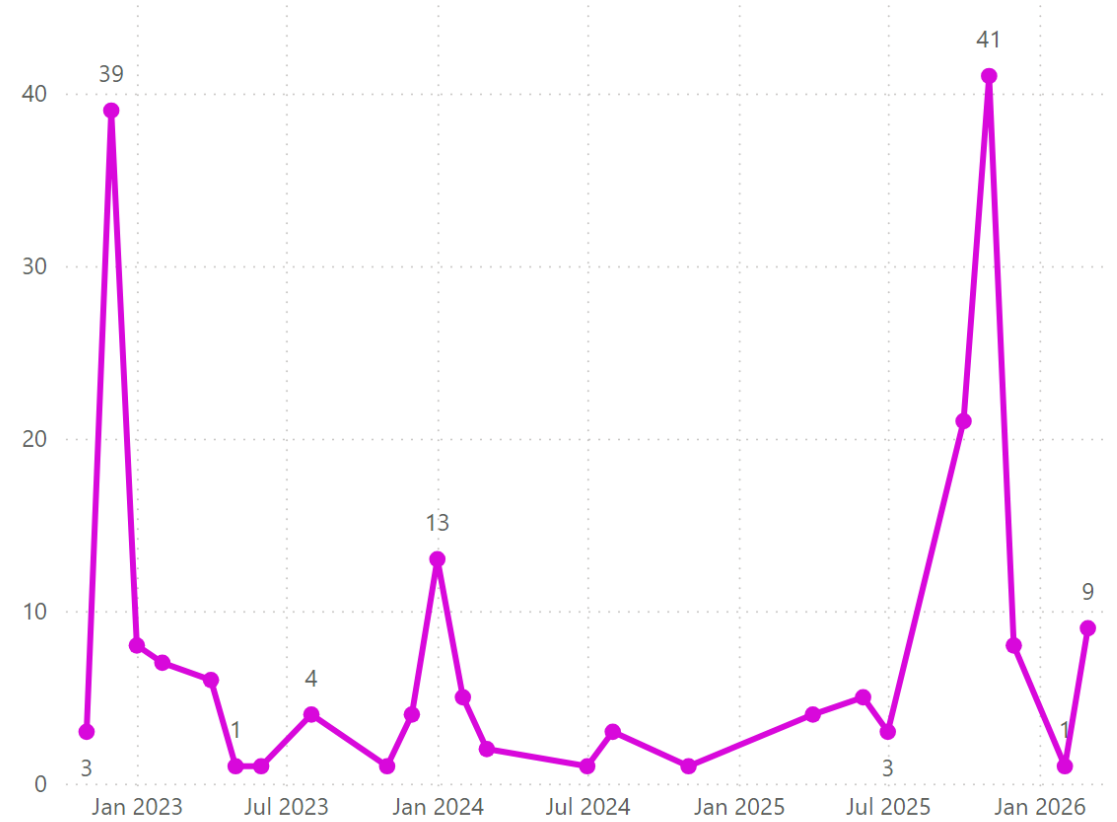
Client Nominations B&H

There have been a total of **271** nominations into the Changing Futures Programme from **44** agencies, since December 2022. On this page you can see the variety of agencies that have nominated into Changing Futures and the numbers of nominations declined and accepted over time.

Nominating Agencies



Accepted Nominations



Total Clients Nominated

271

Total Clients Accepted

191

Total Clients Declined

80

Co-Working across the Caseload

Brighton & Hove

Filter by CF Area

Brighton & Hove

106

Clients as at 31/03/2026



Joint working with the Multi-Disciplinary Teams is a proven way to address complexity in needs.

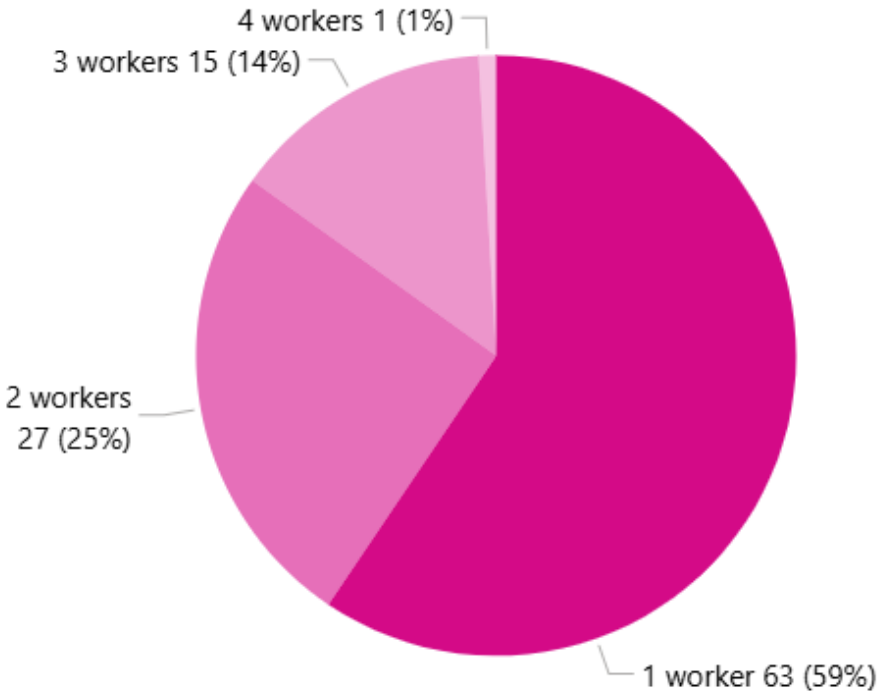
Many of the roles in our teams offer specialist skills in recovery, domestic violence or physical or mental health, for example.

Around half our clients have more than one worker engaged in their care, and a significant proportion are supported by Peer Workers with Lived Experience of MCN.

The value of Peer Support cannot be overstated, and we have commissioned an independent evaluation into how Peer Support greatly improves outcomes for individuals in terms of recovery, engagement with services and building trust and rapport.

You can read the report [HERE](#).

Clients and Co-Working



"[My] Changing Futures Worker and Emerging Futures worker have proved essential to my ongoing recovery. Both of them have gone above and beyond..."

Changing Futures Client

"My Peer Navigator and the Specialist Women's Worker... have given me confidence, helped me blossom... have fulfilled an emptiness..."

Changing Futures Client

"If it wasn't for [CF Worker] support and [CGL Worker] I don't know where I'd be... I know I can be difficult... I really appreciate this."

Changing Futures Client

1.57

Average Workers per Client

41%

of clients with > 1 Worker

43

Clients with > 1 Worker

17

Open clients with Peer Support

Multiple Compound Needs

Brighton & Hove MDT

This page shows the numbers of clients that presented at nomination with each of the five multiple compound needs across all current / historic clients of CF in Brighton & Hove.

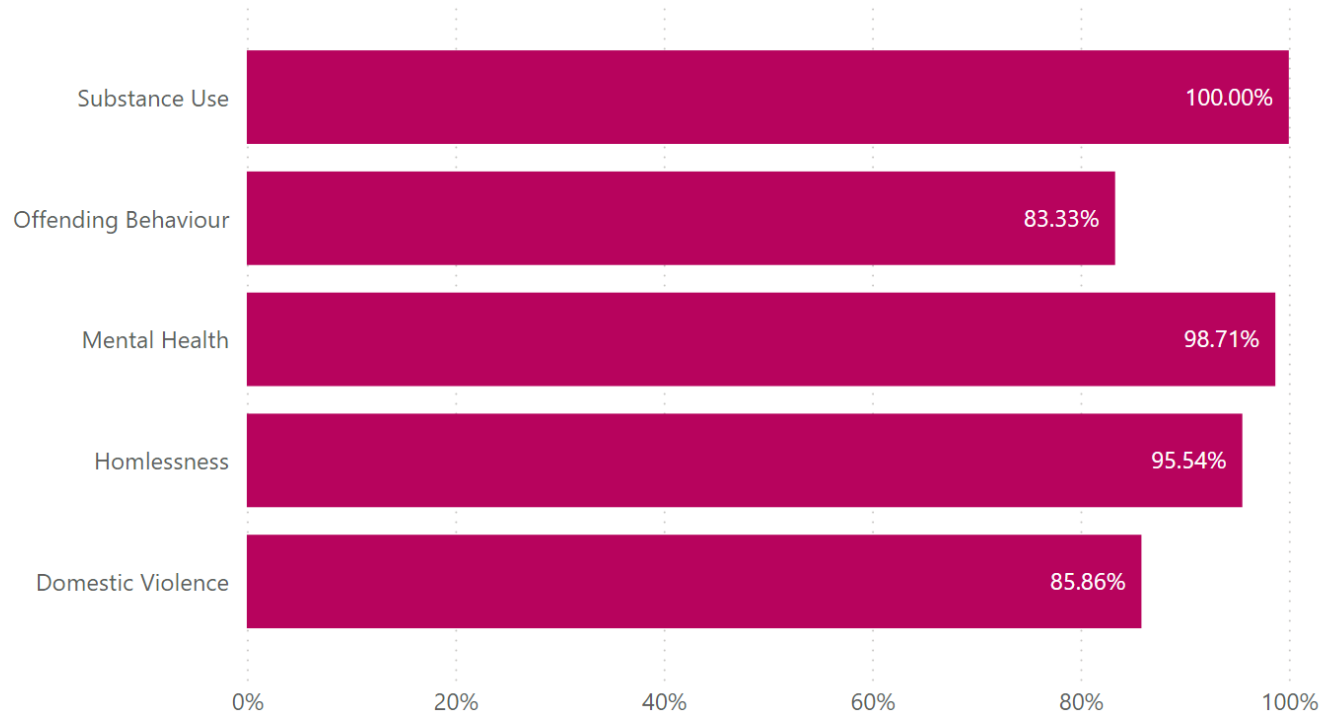
Open / Closed

Multiple selections

Changing Futures Area

Brighton & Hove

Presenting Needs



100%

Substance Use



99%

Mental Health



96%

Homelessness



86%

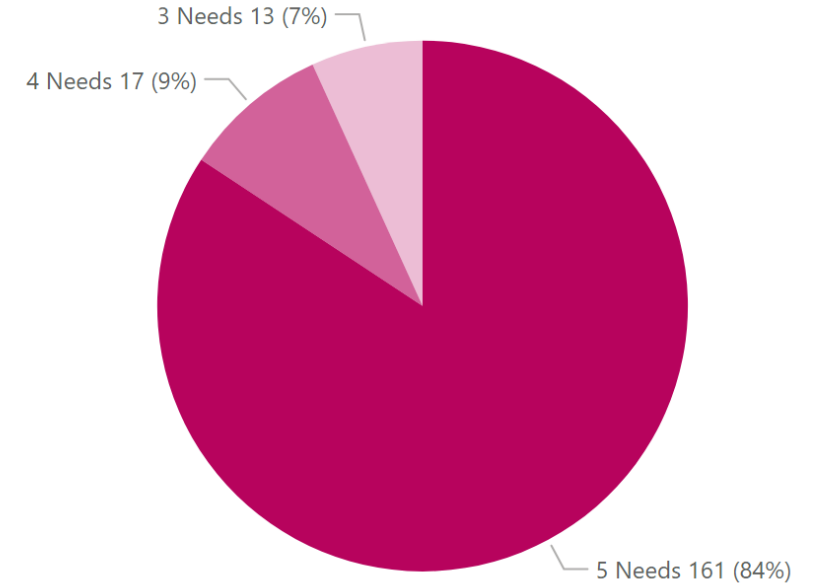
Domestic Violence



83%

Offending Behaviour

Count of Multiple Need at Nomination



Co-Occurring Needs Brighton & Hove

This page highlights the most prevalent combination of need in the Brighton & Hove Cohort, and gives information about the number of clients affected

191
Total Clients

The most common co-occurring needs among the Changing Futures cohort is a combination of:



Substance use



Homelessness



Mental Health

142

Clients experiencing Hm'less SU & MH

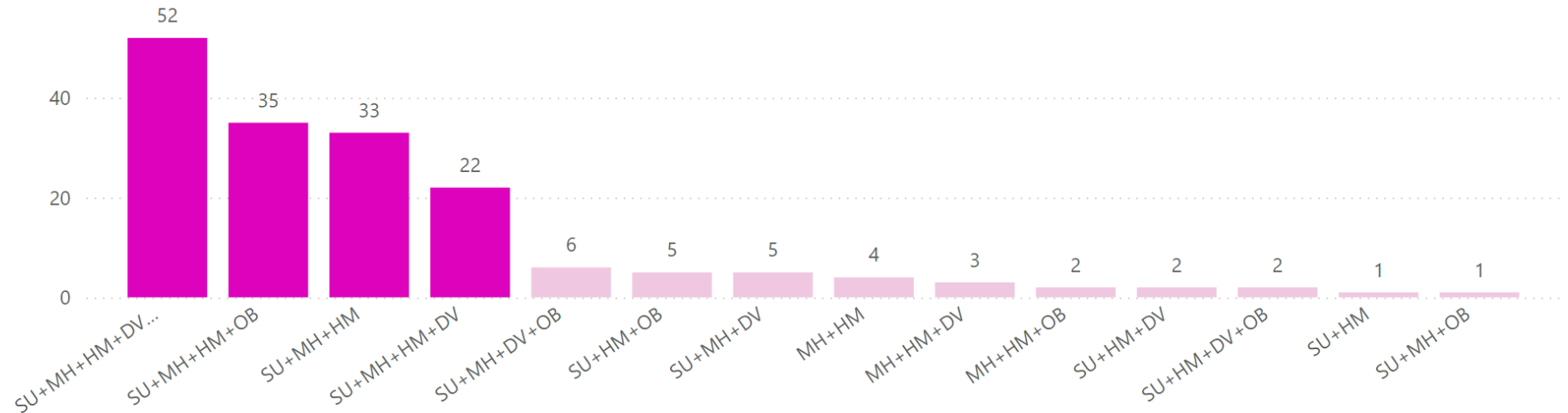
75%

of clients on current caseload

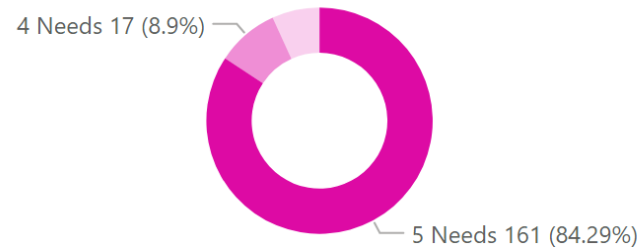
74%

of clients on current / historic caseload

Needs Combinations



Count of Multiple Need



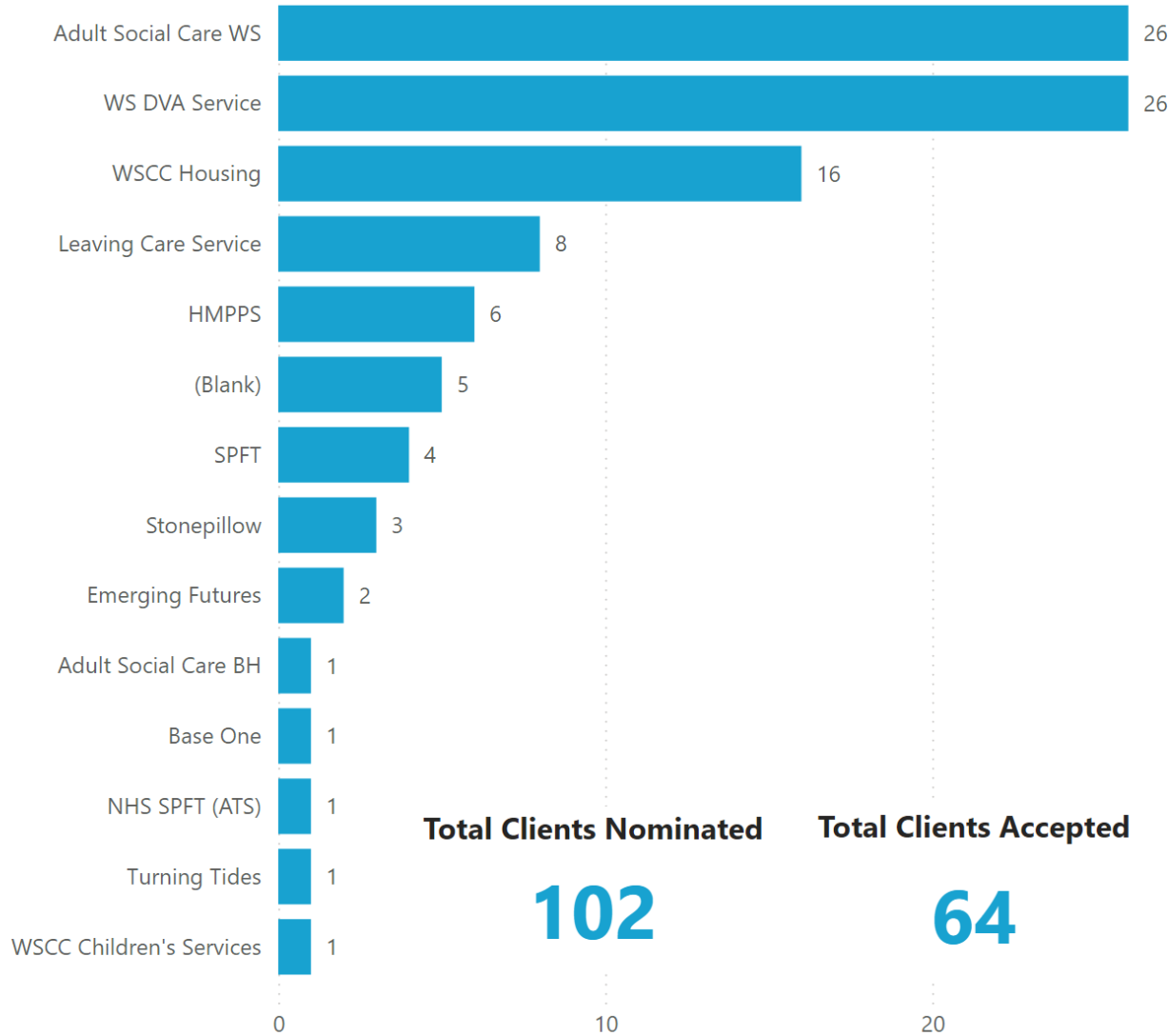
Most people supported by Changing Futures face high levels of multiple, intersecting needs. With 84% facing all five needs simultaneously, the data shows that people with multiple compound needs require coordinated, multi-agency support.

Client Nominations - West Sussex

From April 2025

There have been a total of **102** nominations into the WS Changing Futures Programme from **30** agencies, since April 2025. On this page you can see the variety and geography of agencies that have nominated into Changing Futures and the numbers of nominations accepted over time.

Nominating Agencies



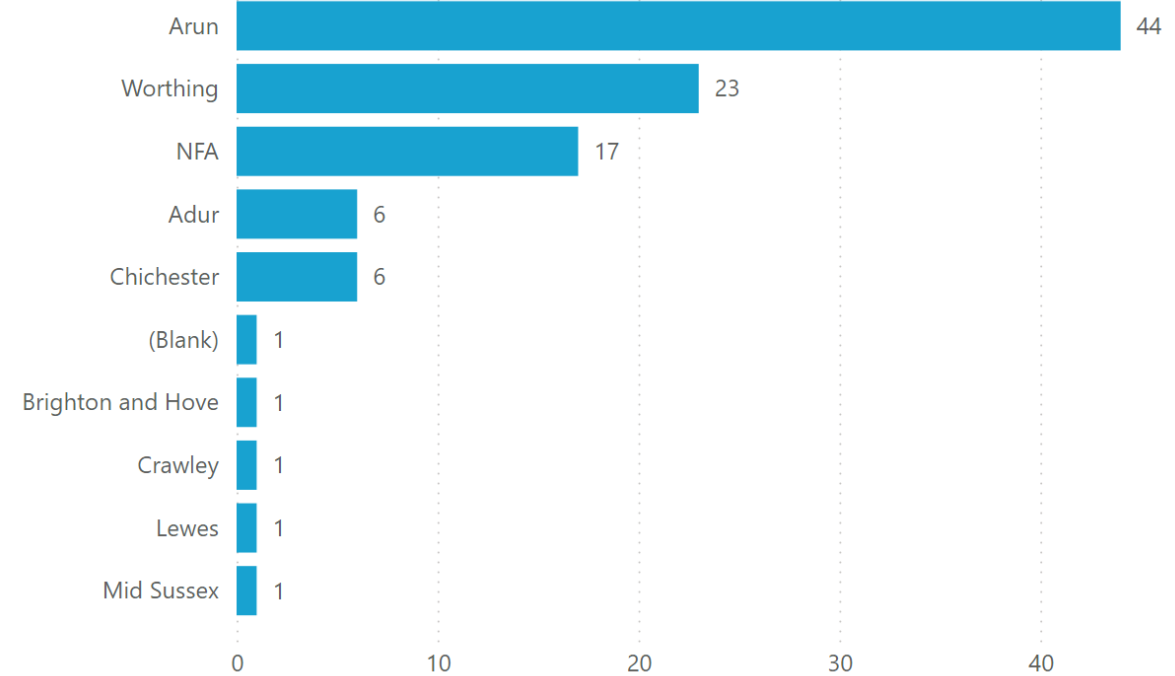
Total Clients Nominated

102

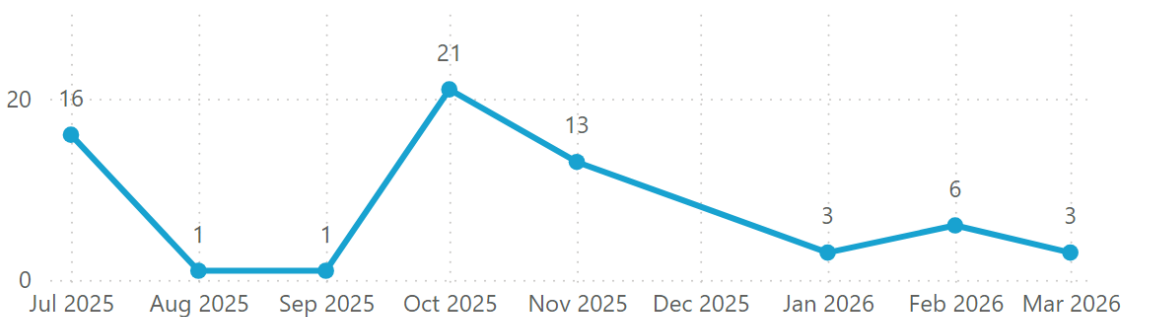
Total Clients Accepted

64

Nomination by District



Accepted Nominations Over Time



Client Mortality

Brighton & Hove

44

Average Age (Deceased Clients)

2.10

Deaths Per Year

There have been **7** clients deceased whilst on the caseload since the start of service delivery in March 2023 (**40** months). On the right you can see a profile of those clients that have died whilst working with Changing Futures.

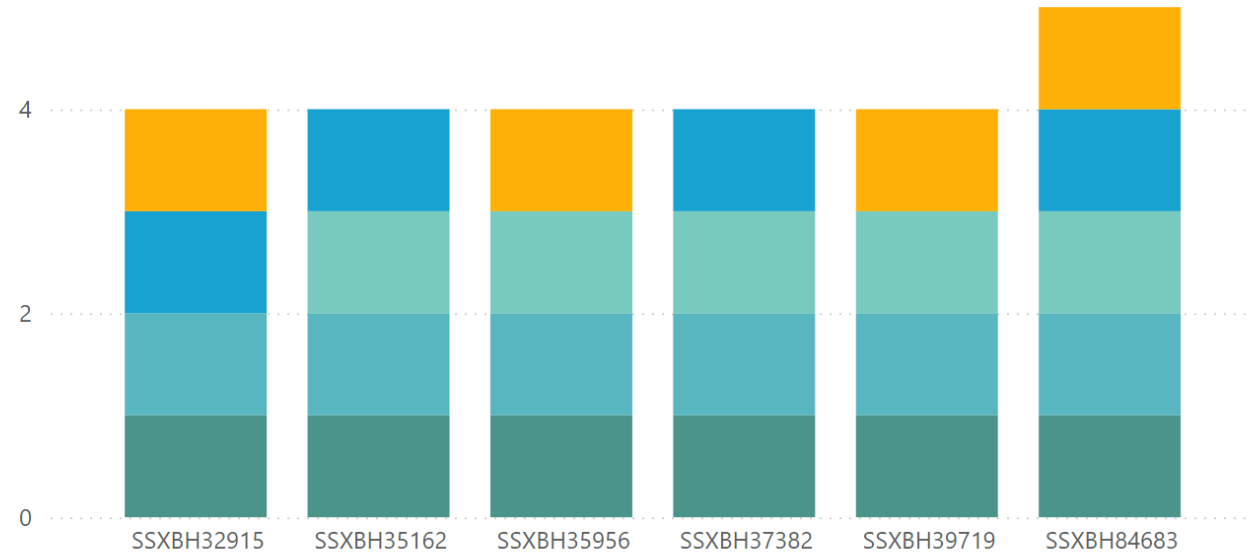
Data from the Office for National Statistics (ONS) Health Inequalities show that those experiencing multiple disadvantage have, on average, twice the mortality rates than those not experiencing MCN. For the B&H Sussex Caseload of **191** this equates to:

- For the general UK adult population this equates to approximately **1.72 deaths per year** (Source OHID - [Recent Mortality Trends in England](#))
- For people with MCN: approximately **3.44 deaths per year** (Source: ONS [Health Inequalities](#))

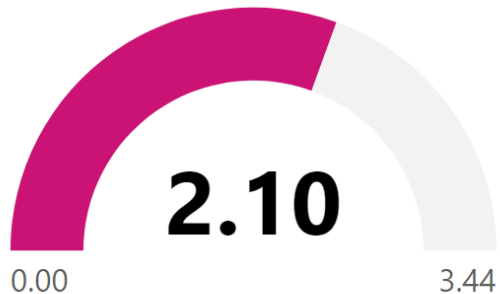
We can see that the rate of death for CF clients across Sussex is **2.10 per year** - **below the rate for the general adult population with MCN.**

Needs Profile of Deceased Clients

● MH ● SU ● H'LESS ● DVA ● CJ



Client death actual against MCN average



CF Unique ID	Age	Gender	Area	Date	Months on Caseload	Notes
SSXBH41034	28	Female	Brighton & Hove	29 December 2025	1	Only just started working with her / suspected overdose
SSXBH35956	45	Male	Brighton & Hove	15 October 2025	6	Unknown - subject to Coroners adjudication
SSXBH35162	53	Male	Brighton & Hove	07 October 2025	33	Organ failure - Impacted by Alcohol Dependency
SSXBH32915	32	Male	Brighton & Hove	13 February 2025	18	Unknown - subject to Coroners adjudication
SSXBH37382	57	Female	Brighton & Hove	04 December 2023	12	Long-Term Respiratory illness
SSXBH84683	37	Male	Brighton & Hove	27 July 2023	7	Unknown - subject to Coroners adjudication
SSXBH39719	59	Male	Brighton & Hove	15 April 2023	4	Suspected overdose - Had not yet engaged with programme

New Directions Team Assessment

NDTA Outcome Measure Analysis

PDF Version - June 2025



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New Directions Team Assessment (NDTA)

The NDTA (New Directions Team Assessment) is an assessment of risk in areas likely to cause harm to an individual's health and wellbeing. Scores are recorded monthly by keyworkers, reflecting on the interactions that they have had with the client over the past month. Scores range from 0 to 4 or 6. The higher the score the greater the risk.

For example under the category of Alcohol and Drug use the scores range from 0 (defined as '*Abstinence; no use of alcohol or drugs during rating period*') to 4 (defined as '*Drug/alcohol dependence; daily abuse of alcohol or drugs which causes severe impairment of functioning; inability to function in community secondary to alcohol/drug abuse; aggressive behaviour to others; criminal activity to support alcohol or drug use.*')

In some areas, scores have been collated for clients since December 2022. The NDTA records scores in the following ten areas of risk:

- 1) Engagement with frontline services
- 2) Intentional self-harm / suicide
- 3) Unintentional self-harm
- 4) Risk to others
- 5) Risk from others
- 6) Stress and anxiety
- 7) Social effectiveness
- 8) Alcohol / drug use
- 9) Impulse control
- 10) Housing

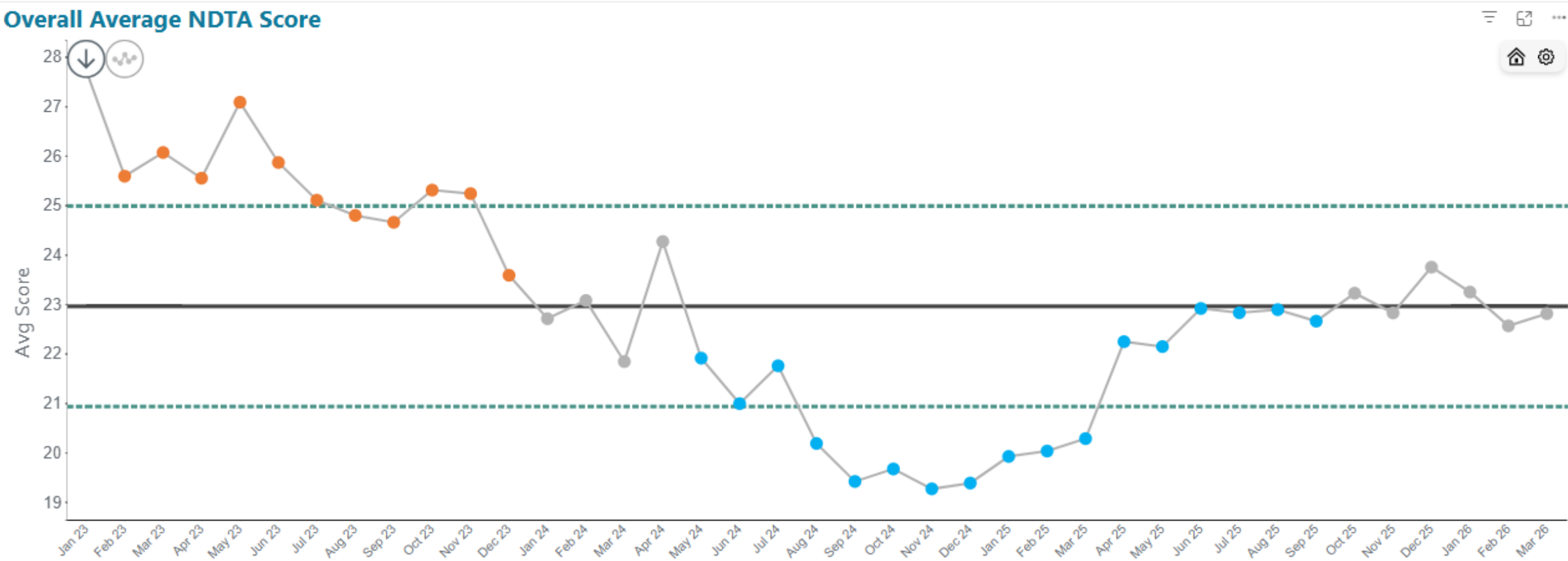
These can be grouped into six categories of risk:

- 1) Engagement
- 2) Physical safety - Intentional & Unintentional self-harm , Risk to and from others
- 3) Wellbeing- Stress and anxiety, Social effectiveness
- 4) Substance Use - Substance use, Impulse control
- 5) Housing
- 6) Criminal Justice

The visuals in this section represent scores recorded from Dec 22.

Overall NDTA Scores – Whole Sussex

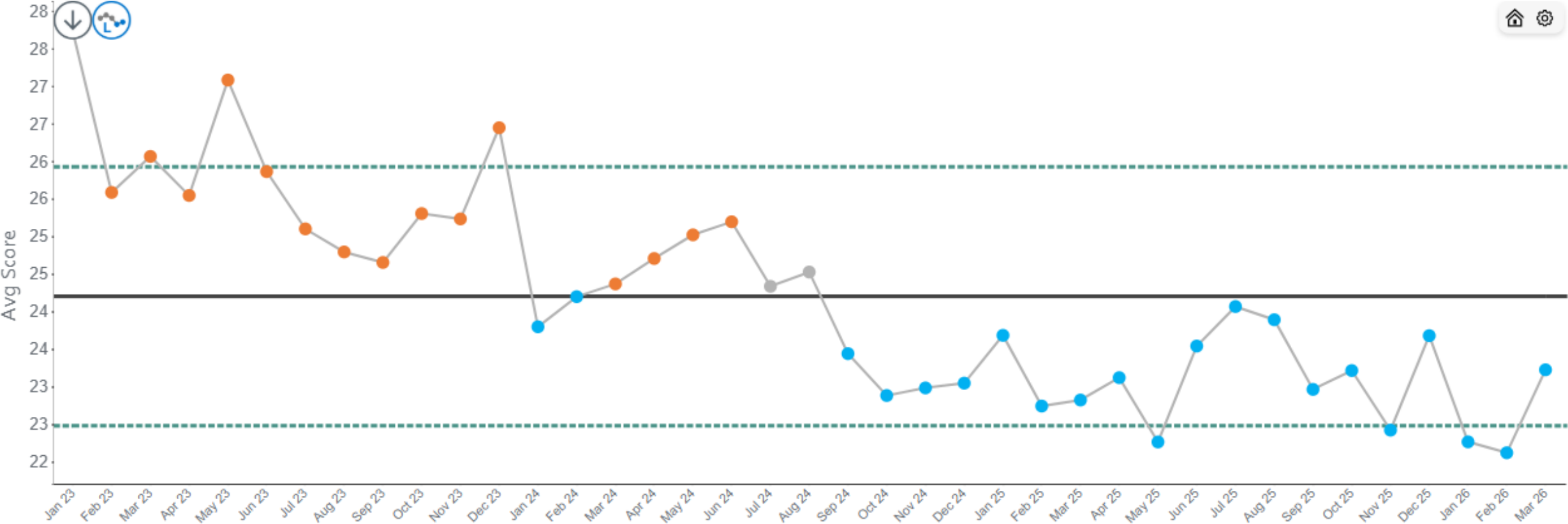
This visual represent the overall average NDTA scores from Jan 2023 Nov 2025. The chart is an Statistical Process Control Chart, the centre black line is the mean of the average score. The charts identifies trends in the data over time (the yellow and blue dots) and measures them against upper and lower control limits (the dotted lines). We know that the scores with our cohort of clients can vary widely due to a range of factors outside of the control of the keyworkers recording the scores. This chart helps us to identify the outlying data (when for example a number of the cohort may have been in particular crisis) that goes against the trend and can therefore be excluded from the sample or used as a data point highlighting the variance in data from month to month.



Overall NDTA Scores - Brighton & Hove

This visual represent the overall average NDTA scores from Jan 2023 Nov 2025 for Brighton & Hove. The chart is an Statistical Process Control Chart, the centre black line is the mean of the average score. The charts identifies trends in the data over time (the yellow and blue dots) and measures them against upper and lower control limits (the dotted lines). We know that the scores with our cohort of clients can vary widely due to a range of factors outside of the control of the keyworkers recording the scores. This chart helps us to identify the outlying data (when for example a number of the cohort may have been in particular crisis) that goes against the trend and can therefore be excluded from the sample or used as a data point highlighting the variance in data from month to month.

Overall Average NDTA Score B&H



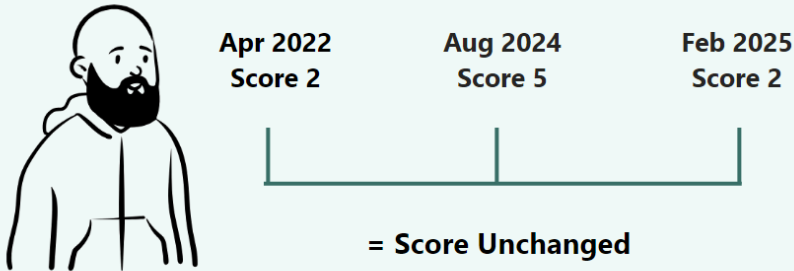
Increase / Decrease in NDTA Scores over Time

Filter by area

NDTA-BRIGHTON & HOVE

This chart maps the relationship in scores for individual clients at two points in time. It checks the first score recorded and the latest score and calculates if the score has decreased, increased or remain unchanged.

For example, Ben had the following scores over time:



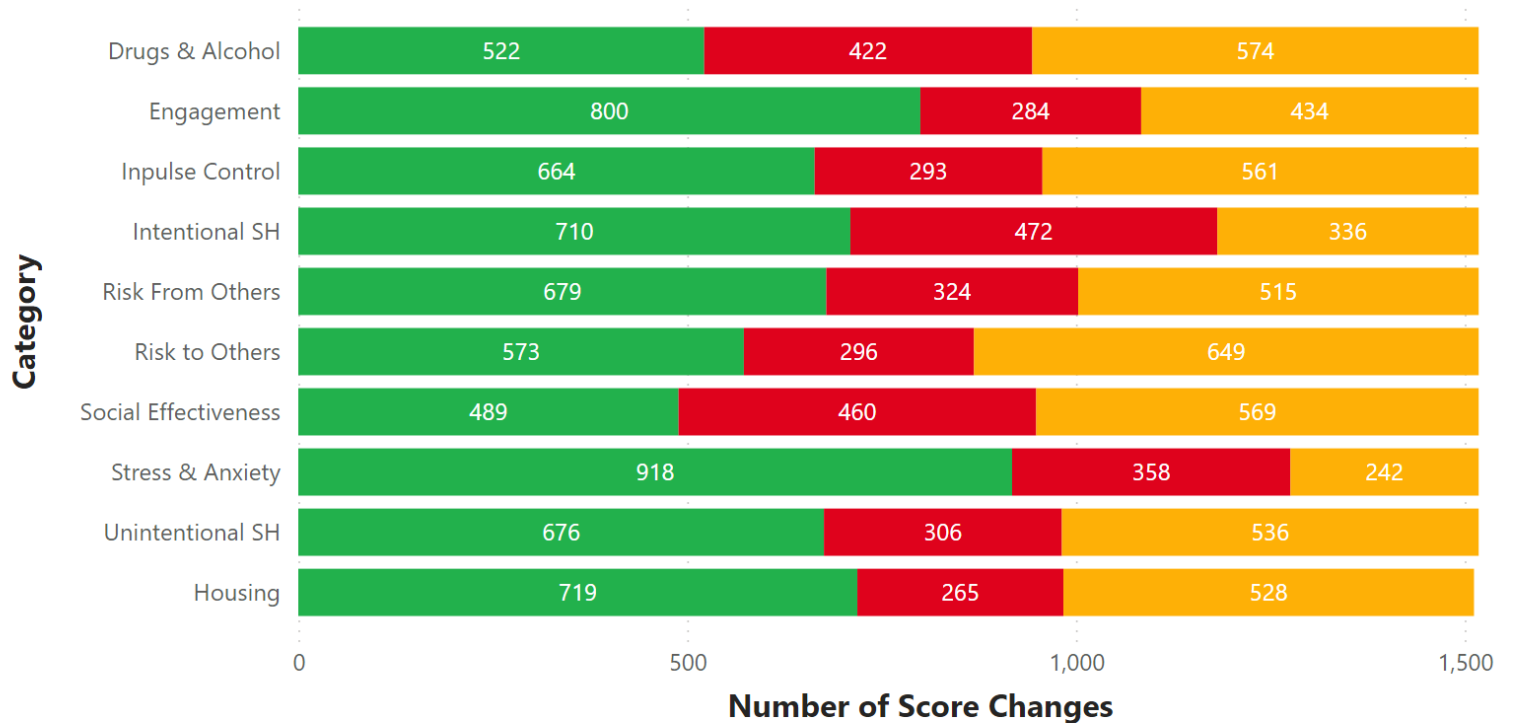
Ben's scores are registered as unchanged, even though the score increased in between, but the line graphs we have in the following pages account for these in between changes.

From this we can extract the areas in which we have had greatest success in lowering scores and the areas in which we have had least success. It also allows us to highlight those areas of risk in which clients are more likely to remain unchanged.

This in turn could shape priorities for our teams in the coming year...

Number of Score Changes

Score Change ● Decrease ● Increase ● Unchanged



As we can see, the **greatest success in decreasing scores** is in the domains of **Housing, Engagement & Stress and Anxiety and Self Harm**. Clients are at least twice as likely to have a decreasing score than increasing.

The **least success** has been in decreasing the **Drug and Alcohol** scores. The chart highlights that in this domain, clients are almost twice as likely to have unchanged scores.

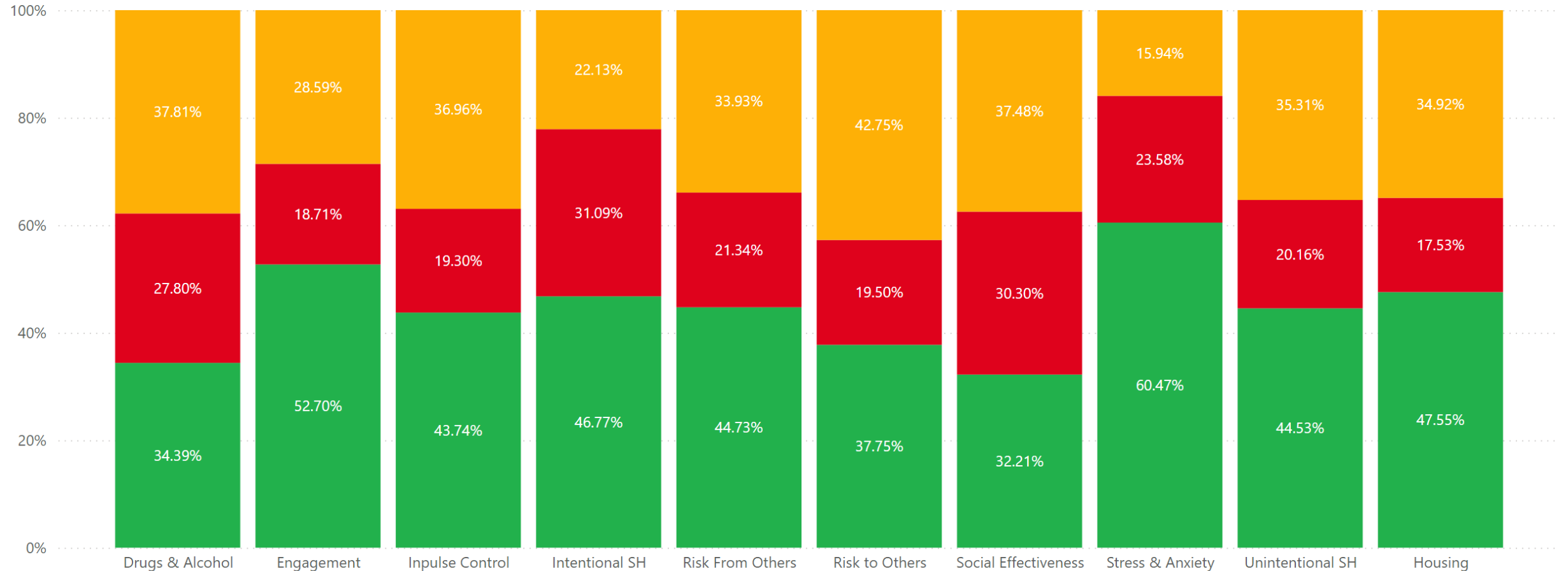
Percentage Increase / Decrease in NDTA Scores

Filter by area

NDTA-BRIGHTON & HOVE



% Increase / Decrease in Scores

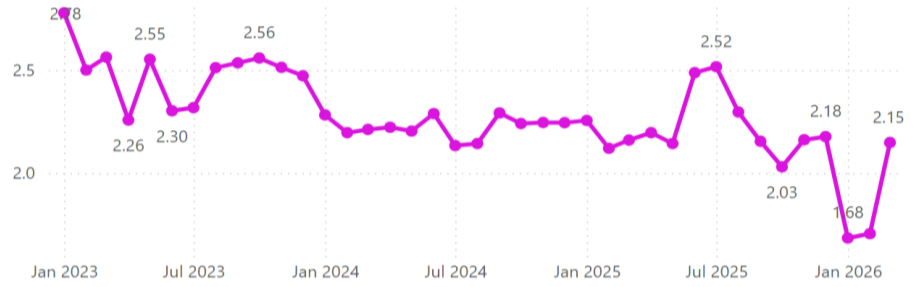


This chart highlights the individual categories within the NDTA and shows the percentage of scores overall that have **decreased**, **increased**, or remain **unchanged**.

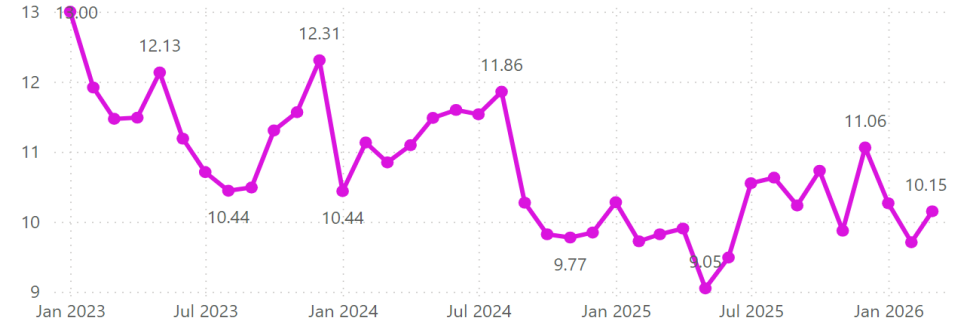
The greatest reduction in risk is in the domain of **Stress and Anxiety** with **46%** of clients experiencing improving scores. The smallest reduction is in **Drugs and Alcohol** with **31%** of clients experiencing improving risk scores.

Scores Overview Brighton & Hove

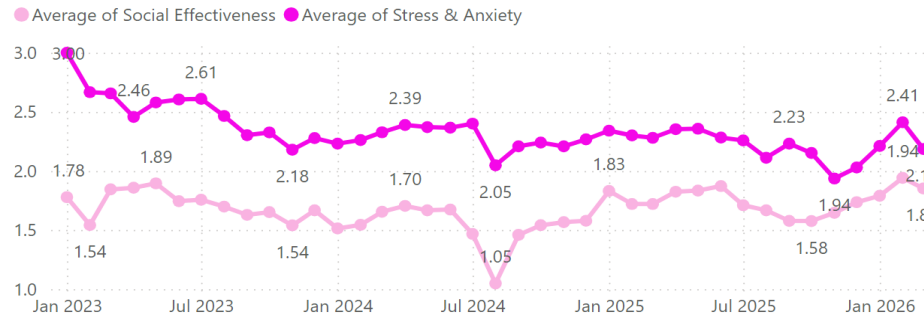
Overall Average Engagement Scores B&H



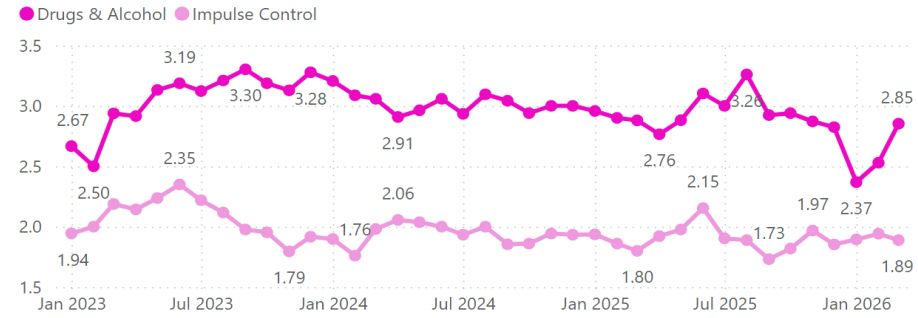
Average Physical Safety Scores B&H



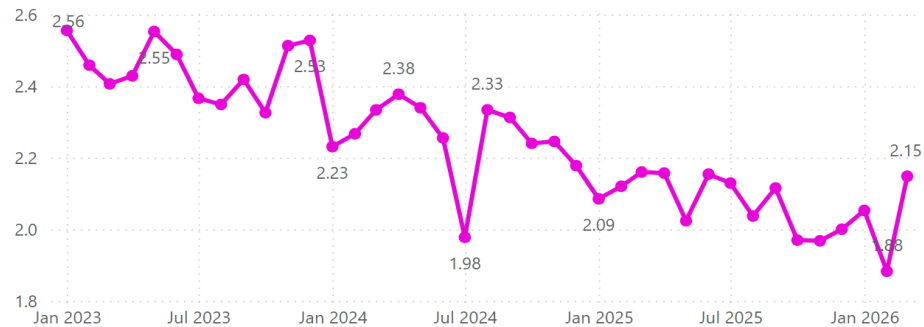
Average Wellbeing Scores B&H



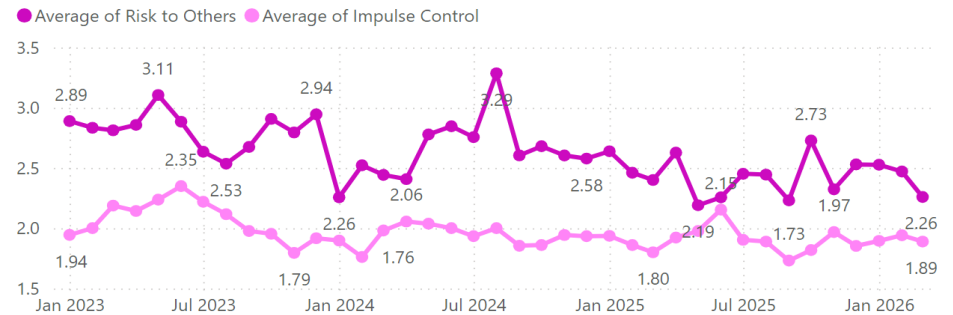
Average Substance Use Scores BH



Average Housing Scores BH



Average Risk to Others / Impulse Control - B&H



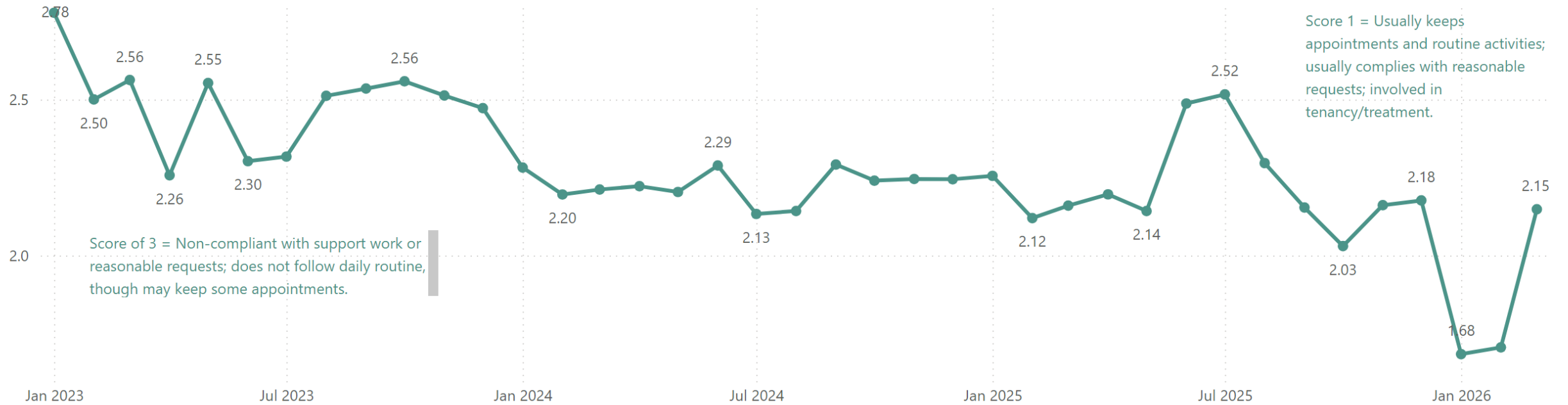
Overall Engagement Scores

Filter by area

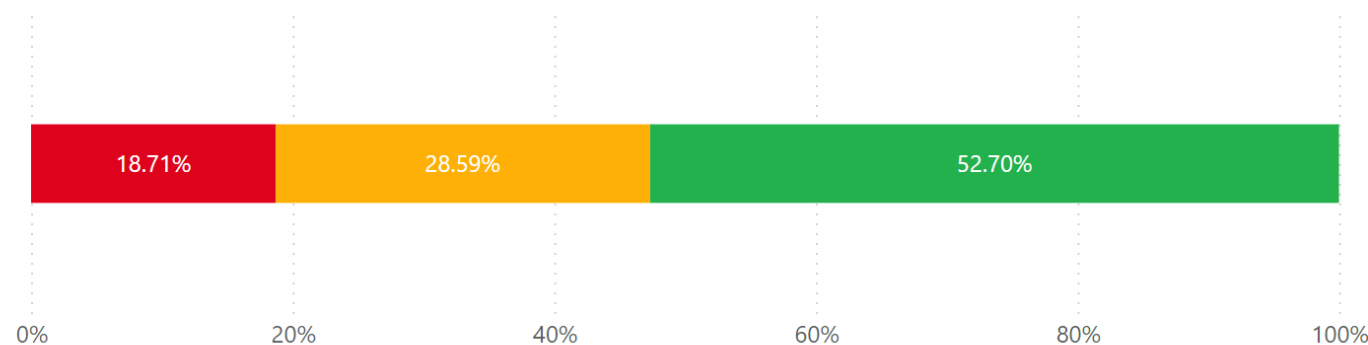
NDTA-BRIGHTON & HOVE

This page shows the average of the scores for client engagement with CF and includes a chart that highlights the percentage of scores that have increased or decreased. Use the filter to see each area scores.

Average Engagement Scores



Engagement Score Changes



This chart highlights the percentage of engagement scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Overall Physical Safety Scores

This page shows the average of the physical safety scores (Intentional & Unintentional self-harm, Risk to and from others) across all CF areas. Use the filter to see the different CF area data.

Filter by area

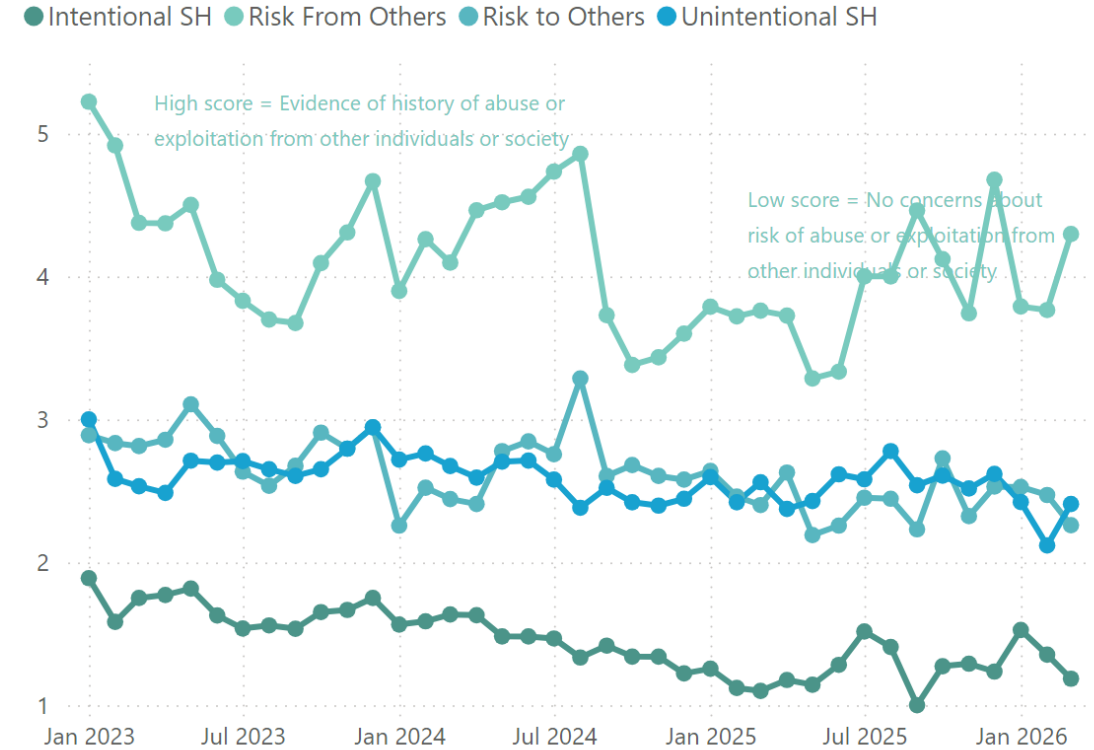
NDTA-BRIGHTON & HOVE



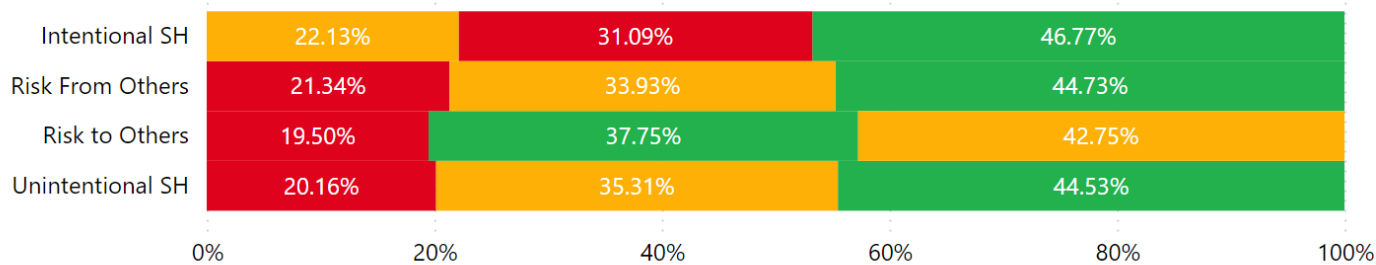
Average Physical Safety Scores



Average Physical Safety Scores



Physical Safety Score Changes



This chart highlights the percentage of physical safety scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Overall Wellbeing Scores

This page shows the average of the wellbeing scores, (Stress and Anxiety, and Social Effectiveness).

Filter by area

NDTA-BRIGHTON & HOVE ▾

Stress & Anxiety

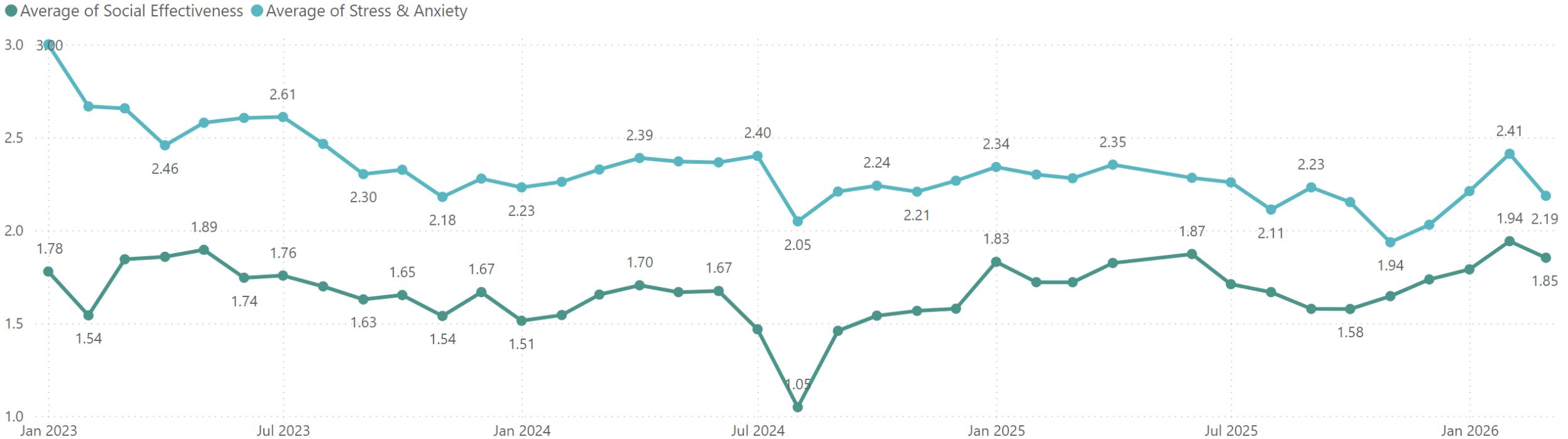
High score = Severe reactivity to stressors, self-destructive, antisocial, or have other outward manifestations

Low score = Normal response to stressors

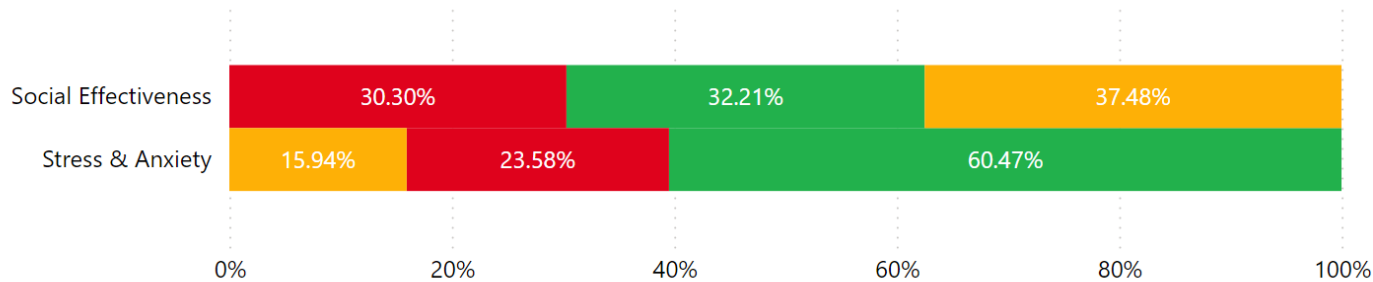
Social Effectiveness

High score = Lacking in almost any social skills; inappropriate response to social cues; aggressive

Low score = Social skills are within the normal range



Wellbeing Score Changes



This chart highlights the percentage of wellbeing scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Substance Use Scores

This page shows the average of the substance use scores (Drugs and Alcohol & Impulse Control) across all CF areas.

Filter by area

NDTA-BRIGHTON ...

Drugs & Alcohol

Score 4 = Drug/alcohol dependence; daily abuse of alcohol or drugs which causes severe impairment of functioning; inability to function in community secondary to alcohol/drug abuse; aggressive behaviour to others; criminal activity to support alcohol or drug use.

Score 2 = Some use of alcohol or abuse of drugs with some effect on functioning; Sometimes inappropriate to others

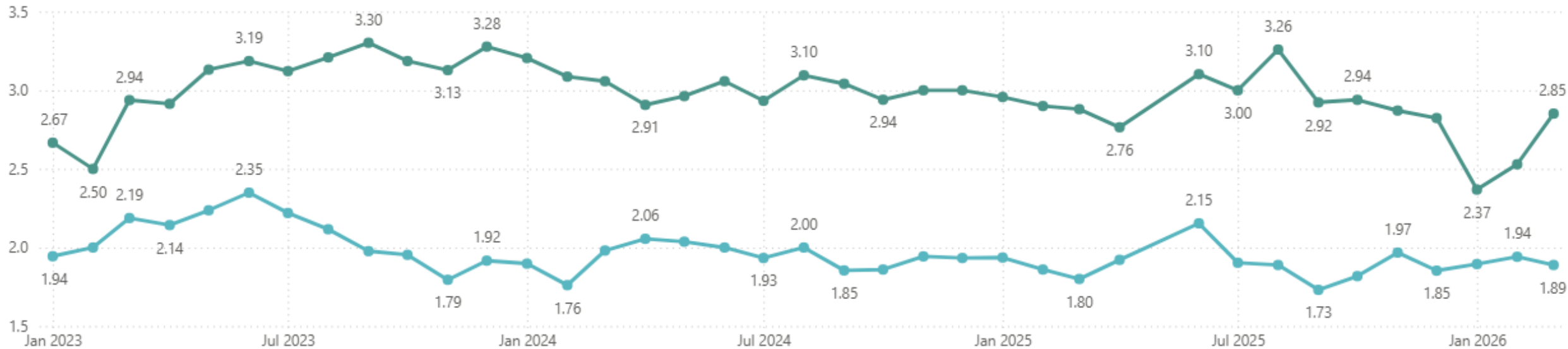
Impulse Control

Score 3 = Impulsive acts which are fairly often and/or of moderate severity

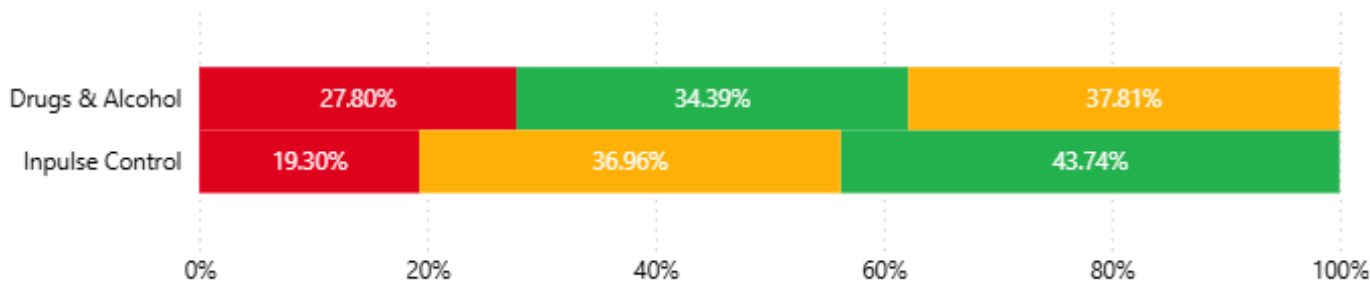
Score 2 = Some temper outbursts/aggressive behaviour; moderate severity; at least one episode of behaviour that is dangerous or threatening

Overall Average Substance Use Scores

● Drugs & Alcohol ● Impulse Control



Substance Use Score Changes



This chart highlights the percentage of substance use scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Housing Scores

This page shows the average of the housing scores across all CF areas.

Filter by area

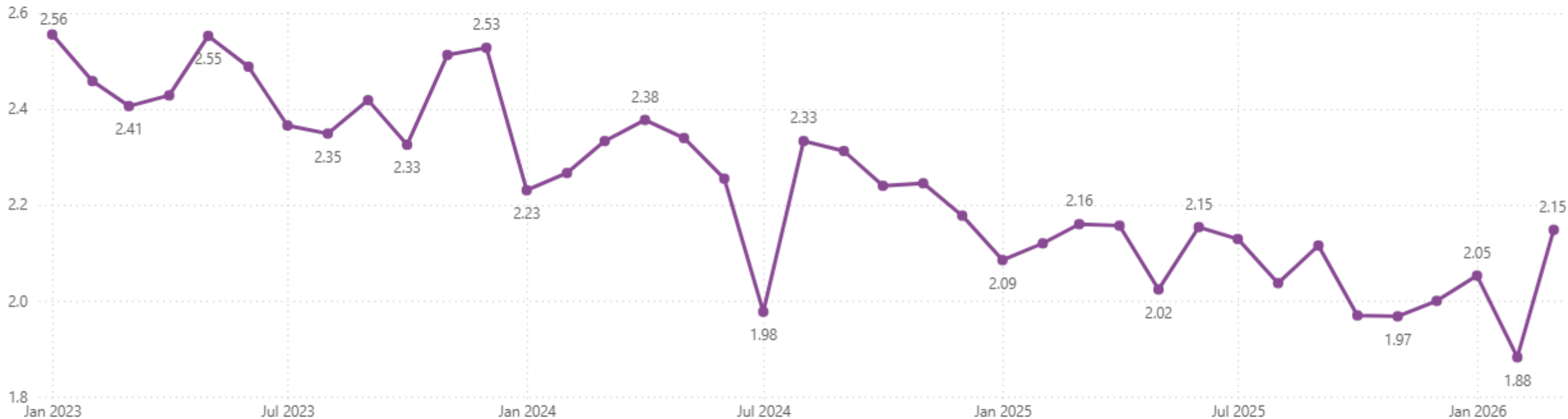
NDTA-BRIGHTON ...

A Score of 4 represents -
Rough sleeping; living in high risk exploitative accommodation under coercive arrangements.

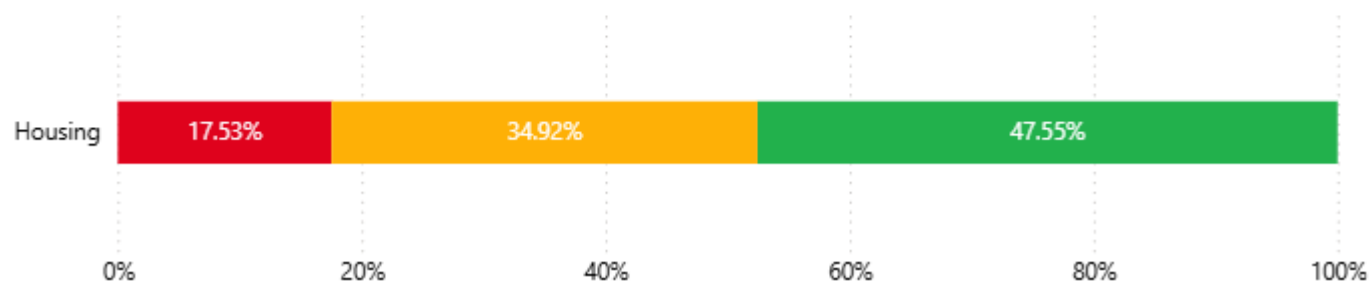
A Score of 3 represents -
Immediate risk of loss of accommodation; living in short-term /temporary accommodation; squatting; "sofa surfing"; high housing support needs

A Score of 2 represents - Living in short-term / temporary accommodation; medium to high housing support needs

Overall Average Housing Scores



Housing Score Changes



This chart highlights the percentage of housing scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Criminal Justice Scores

This page shows the average scores around involvement with the criminal justice system

Filter by area

NDTA-BRIGHTON & HOVE

Risk to others

Score of 4 represents 'Risk to property and/or minor risk to physical safety of others.'

Score of 1 represents 'Antisocial behaviour e.g. street drinking, begging, noisy neighbours.'

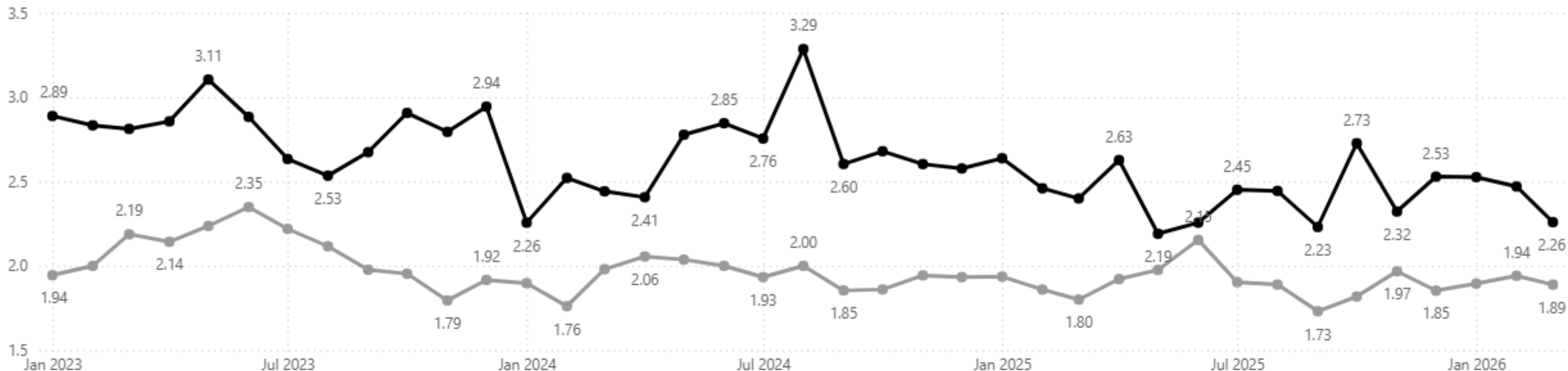
Impulse Control

Score 3- Impulsive acts which are fairly often and/or of moderate severity

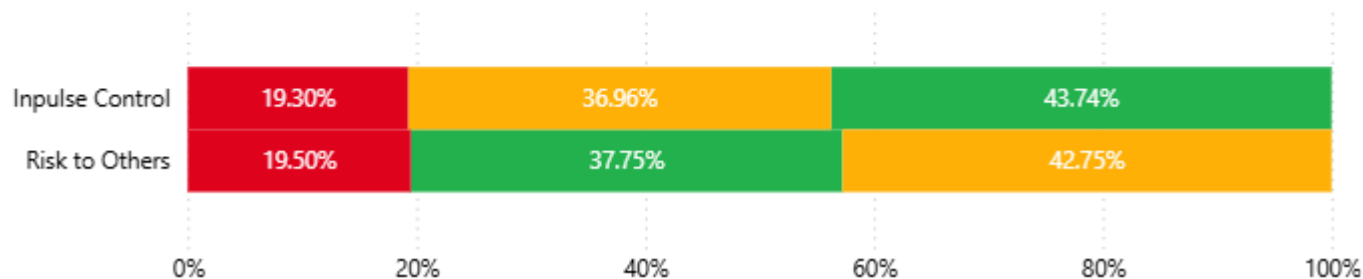
Score 2 - Some temper outbursts/aggressive behaviour; moderate severity; at least one episode of behaviour that is dangerous or threatening

Average Risk to Others / Impulse Control

● Average of Risk to Others ● Average of Impulse Control



Criminal Justice Score Changes



This chart highlights the percentage of criminal justice scores that have **decreased**, **increased**, or remain **unchanged**.

NB. Decreased score are good, representing a decreased assessment of risk

Multiple Needs Audit - Brighton & Hove

Quarter 4 - January - March 2025



Changing Futures Sussex
www.changingfuturesussex.org.uk



MCN Overview

1909

total clients in this return

37%

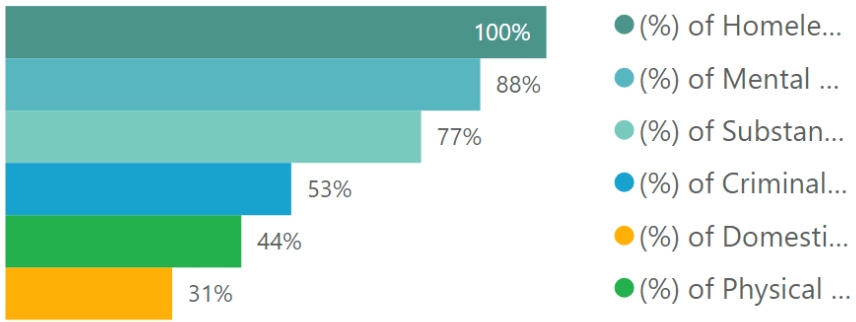
of total experiencing MCN

704

are experiencing MCN

This page shows the demographics around the Multiple Compound Needs (MCN) of those clients who are experiencing MCN, as well as contrasting those scores with those in the return who are not experiencing MCN. the following pages show more detail regarding the categories which contribute to MCN. All clients are experiencing homelessness.

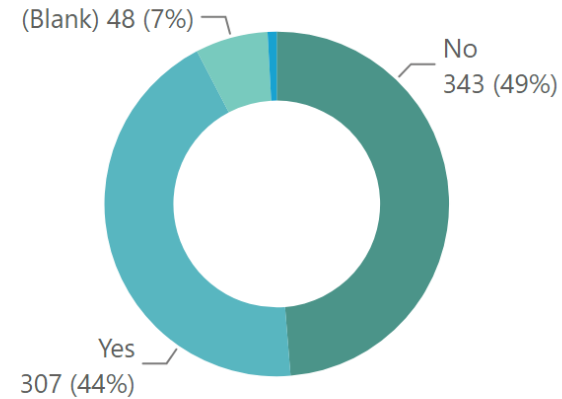
Total Experiencing MCN by Need



Needs Profile of those experiencing MCN

Areas of MCN	#	%
3	417	59.23%
4	234	33.24%
5	53	7.53%
Total	704	100.00%

Total Experiencing MCN by Physical Health Need



88%

Registered with GP Services

6%

Are known to be in Target Priority Group

516 individuals (excluding BHCC data)

Of those experiencing MCN...



11% are rough sleeping

18%

Of those not experiencing MCN...



36% are known to MH Services

10%



50% are known to SU Services

4%



19% Are known to Probation

1%



8% experienced Care

7%

The full Multiple Needs Audit Report is attached separately.

It is also available on the [Changing Futures Sussex website here](https://www.changingfuturesussex.org.uk).



Multiple Needs Audit - Brighton & Hove
Quarter 4 - January - March 2025

 **Changing Futures Sussex**
www.changingfuturesussex.org.uk

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Figures correct at time of publication. Publication date: 22/12/25

